

Bathroom Reader

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United Nations Day October 24

The charter was signed and ratified in 1945 on this day by 50 nation states. The UN has been instrumental in enacting over 300 treaties involving human rights, outer space, the seabed, international communications and transportation. The UN also collects and disseminates information through its various agencies, such as the World Health Organization and UNICEF, the children's relief fund.

The League of Nations was the forerunner organization conceived during World War I and established under the Treaty of Versailles in 1919. For more information on the now 126 state organization, see www.un.org

Oct 21-27 is National Collegiate Alcohol Awareness Week. Binge drinking is often the result of peer pressure added to the culture of alcohol consumption on campus. Be aware and be very careful.

October is Pickled Pepper Month

Pickling peppers and cucumbers has been done since ancient times. The cucumber is native to India, but was pickled at times in Egypt and Greece. Over 5 million pounds of pickles are consumed daily!



First wind turbine to be used for generating electricity was on Grandpa's Knob, VT on October 19, 1941. Palmer Cosslet Putnam was the inventor.

Halloween comes from the Catholic Church celebration of "All Hallows Eve," but it was celebrated by the Irish Celts as the Celtic New Year, "Samhain" in the 5th century B.C. Should we be wearing green instead of black and orange?



National Mammography Day Oct. 19

Mammography saves lives everyday by detecting breast cancer in the early stages when surgery, chemotherapy or radiation treatments can stop the disease. Women over the age of 40 are encouraged to have a mammogram unless family history suggests an earlier date.

Over 40,000 women and 450 men will die this year from breast cancer.

Men? Yes, over 2,000 men are diagnosed each year with breast cancer.

For more information see: www.cancer.gov for a fact sheet on screening mammograms.



"Put on your best bib and tucker"

Tucker was a piece of lace worn by women and bib was a man's shirt front. The phrase was replaced by "gussied up" which doesn't sound nearly as romantic as an invitation to dress your best.