

Bathroom Reader

Volume 6, Issue 4

October 15-31, 2006

Vegetarian Month-October

Though a vegetarian diet has been practiced since the beginning of time, it was first promoted by the Vegetarian Society of Great Britain in 1847. About 5% of Americans claim to be vegetarian. A vegetarian is one who abstains from eating meat. A Lacto-Ovo supplements his/her diet with dairy and eggs. A Vegan is one who abstains from meat and all animal-derived products. Interested in learning more on the history of the Vegetarian Movement? The UW-Fox Valley library has many books on the subject, but two of great interest are *Heretic's Feast* by Colin Spear and *Vegetarian America: A History* by Karen and Michael Iacobbo. Need more information?

ASK A LIBRARIAN!

Country Music Month

Each week, 41,893,000 people listen to Country Music stations. And lately, country music artists are so well-known that they are used in promotions and advertisements for beer, shoes, trucks, diet drinks and golf balls. Japan had it's first All-Country music station in 1992.

Want to see the latest Country Music charts with the hot singles and albums? Check out www.billboard.com



First Football Rules of Play were set down in 1873 by Columbia, Rutgers and Yale.

The first prisoners of war captured in the War of 1812 were Canadians.

An Apple a Day Keeps the Doctor Away...

or so the saying goes. October is Apple Month. The US is second to China in apple production with 277.3 million bushels grown every year. One out of 4 apples grown is exported and 63% of apples are sold as fresh fruit. "Red Delicious" is the largest crop with "Gala" and "Fuji" apples as top sellers and coming on strong. Over 100 varieties are grown across the country and there are many varieties that are local and sold only at farmers' markets. Wisconsin's claim to fame? The "Wolf River" apple which is so large that it only takes one to make a pie!



Fifty Years Ago in 1956

we saw the first all-color TV station, the first woman Presbyterian minister, the first video tape recording, and the first high jump over seven feet. And the first no-hit, no-run, no walk World Series game (Yankees 2 vs. Dodgers 0).