

Bathroom Reader

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February is National Chocolate Month

Chocolate, *Theobromo Cacao*, “food of the gods” in Greek.

Whatever the name, everyone knows the product. It has been manufactured in the US since 1765 and we still make more chocolate than any other country. Americans eat an average of 10 lbs. per person, per year. Research shows that **dark chocolate** contains flavonoid phenolics, just like red wine and may lower the risk of heart disease. One plain chocolate candy bar has more protein than a banana. History shows that chocolate has been used as an aphrodisiac, money, medicine, and now it’s a health food! Enjoy! But watch out for the sugar!

BEVERAGE BAR IN THE LIBRARY

Please put all food and beverages on the Beverage Bar in the foyer and pick them up when you leave the library. *Thank you.* The Management

NEED A BIOGRAPHY?

Famous and infamous people are profiled in *Current Biography*. These articles are 1-3 pages, and available to copy in the Reference section of the UW-Fox Valley Library. Volumes available are 1950-2003. Looking for an obituary? Check out *Facts.com* from the UW-Fox Valley Library “All E-Resources” page for obituaries from 1980-2004.

Introduced at 1904 World’s Fair
Ice cream cones, hamburgers,
puffed rice and iced tea

Fingerprinting prisoners in
Leavenworth Penitentiary
began in 1904.

WIN A QUILT! WATCH THE
BATHROOM READER FOR
MORE DETAILS

The first mile markers on the
roads appeared in 1761 on the
road between Philadelphia
and Trenton, NJ.

Ole Evinrude developed
the first outboard motor for
boats in Milwaukee in 1909.
It was 1.5 hp and weighed 46
pounds.

According to the *Direct Market-
ing Association* people order
from catalogs an average of 15
times per year. Like to read and
buy from catalogs? Check out
this site.
<http://catalogs.google.com/>

100th Anniversary of Junk Mail!

In 1904, Congress authorized “bulk mail.” Today we call it “junk mail.” It is 3rd and 4th class mail and is sent out by those who obtain a bulk mail permit.

100 years and it still keeps coming!